

Key points of NCD (240.4.1) for sleep testing for Obstructive Sleep Apnea

1. Sleep tests must be ordered by the treating physician and furnished under appropriate physician supervision.
2. The apnea hypopnea index (AHI) and/or respiratory disturbance index (RDI) may be measured by:
 - Attended polysomnography (PSG) in a facility -based sleep study laboratory; or
 - Unattended home sleep test (HST) with a Type II home sleep monitoring device; or
 - Unattended HST with a Type III home sleep monitoring device; or
 - Unattended HST with a Type IV home sleep monitoring device that measures at least 3 channels.